

CERTIFICATE

OF PARTICIPATION

This is to certify that

Carl Munnik

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 00:44:56

PACE 04:28/km

OVERALL 22 of 287

GENDER 15 of 157

40+ 4 of 35

04 December 2016, Sun

Date



Bout Time